



ANDREA MILLER MHSC, RD CONSULTING DIETITIAN

Media/Brand Work

With over 20 years of experience as a practicing registered dietitian Andrea has worked with TV, radio and print media outlets, for years. Andrea believes in a non-diet, whole-food approach to nutrition. She believes we need to get re-connected with our food and spend more time cooking and eating, at home. Andrea's message is often one about uncomplicating nutrition, choosing whole foods and enjoying them, mindfully.

With a background in nutrition, as well as teaching at the University level, Andrea has an effective approach to translating the science of nutrition, into a realistic and practical message. Andrea's approach to nutrition is relatable, honest and straightforward.

**Brand and
Media Kit**

2017

**25 YEARS IN
PRACTICE**

**BRANDED BLOG
POSTS**

**BRANDED MEDIA
EVENTS**

**MEDIA INTERVIEWS:
BROADCAST, RADIO,
PRINT**

ANDREA MILLER MHSC, RD

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Andrea is a contributor to Chatelaine Magazine, Metro News, Global News, CBC Radio and other Canadian media. She writes a monthly nutrition column for her local newspaper. Andrea has an active social media presence on twitter and Facebook.

As a mother of two grown boys, Andrea knows the challenges that busy families face when it comes to eating well. She can provide nutrition and meal planning tips that she has used herself, with her own family.

Andrea works with brands that align with her nutrition philosophy.

Andrea is available for:

- Brand Ambassador/product spokesperson
- Branded blog posts
- Branded media tours and interviews
- Content development/editorial writing and contributions
- Media interviews on current nutrition topics for broadcast, radio, and print
- Food event hosting



Blog Posts

Andrea's blog posts focus on health eating, nutrients, meal planning and grocery shopping. She also writes about new and interesting foods, products and kitchen gadgets.

Testimonials

Andrea is a regular guest on the set of daytime Durham Rogers TV. Her attention to detail in her delivery of nutrition tips is both interesting and relatable to our viewers. I am impressed with how Andrea includes elements of fun when addressing the many ways you can get your family to eat healthy nutritious meals. Andrea is dependable and works hard to deliver the best product for our television segments.



It is always a pleasure working with Andrea. She is a true professional!

Sandi Grant, Producer, Rogers TV

Getting in Touch

Please contact Andrea for availability, rates and any other details

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